Name:				
·				

Pain Drawing

Instructions: Mark these drawings according to where you hurt (if the right side of your neck hurts, mark the drawing on the right side of the neck, etc.). Please indicate which sensations you feel by referring to the key below.

RIGHT HANDED

LEFT HANDED

Date:

KEY

////// Stabbing

XXXX Burning

0000 Pins & Needles

==== Numbness

++++ Aching

PAIN LEVEL

- 0 No pain
- Mild pain; you are aware of it but it doesn't bother you
- 2 Moderate pain that you can tolerate without medication
- Moderate pain that requires medication to tolerate
- 4-5 More severe pain; you begin to feel antisocial
- 6 Severe pain
- 7-9 Intensely severe pain
- 10 Most severe pain; it may make you contemplate suicide

